

# Chair in Healthy Aging Fostering Health, Wellness and Productivity

## A Crucial Time for Health Care

Demographic realities make research on health and aging an undeniable priority for Canadians and one of the Faculty of Health Sciences' top research areas. Technological, medical and social advances are extending the lives of our citizens, including those with chronic health problems. The large baby boomer cohort is aging and demanding both evidence-based knowledge from our research programs and the services of our graduates.

## Chair in Healthy Aging - A Unique Approach

In order to support the unique needs of our aging population, The Faculty of Health Sciences is committed to establishing a Chair in Healthy Aging.

The Chair will support the Faculty's mission to lead in the generation and dissemination of knowledge in the areas of aging, wellness, health care, rehabilitation, physical activity and sport.

## Role of the Chair

The Chair will lead an interdisciplinary program of research that explores aging through a holistic view of health and wellness with a goal to help Canadians live longer, healthier and more productive lives.

A **lifespan approach** and a focus on the **social determinants of health** to aging will be used to study:

- Prevention;
- Health promotion;
- The treatment and management of chronic disease;
- Rehabilitation through occupational and physical therapy;
- Frailty and end of life.

## Living labs

Through a generous gift from the Minto Foundation, the Faculty recently established the **Sam Katz Community Health and Aging Research Unit**. This "living lab" will allow us to work with older individuals in their home environments and engage communities as partners in health and aging research. The Chair will work collaboratively with the research unit in order to explore aging and ways to optimize seniors' health and independence in the community.

## Why Western?

London, Western and our Academic Health Sciences Network are known for excellence in health care.

The Chair in Healthy Aging will bring researchers together in a way that will build critical mass, build on our strengths and allow us to explore new opportunities and approaches.



Within the next five years, for the first time in history, the population of people aged 65 and older will outnumber children under the age of five.

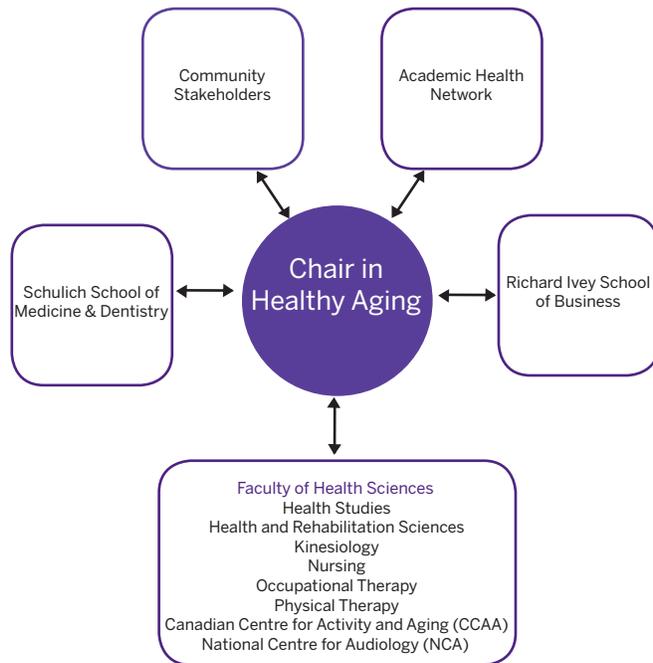
*-World Health Organization  
(April 2012)*

**Be Extraordinary.**  
The Campaign for Western



# Chair in Healthy Aging

## Building a Collaborative Model



## Matching Chairs Program

The cost to permanently endow a Chair position is **\$3 million**. In recognition of the importance of this Chair, Western is offering an incentive for private partners who wish to support it. **The University will match commitments totalling \$1.5 million to establish an endowed Chair valued at \$3 million.** Gifts at this level would be recognized through appropriate naming opportunities.

## Impact of a Gift Made in Support of the Chair

Your support of the **Chair in Healthy Aging** will help advance leading research and drive solutions that will help address the needs of our aging population—one of the most significant challenges facing health care systems and policy makers worldwide.

**Thank you** for considering this opportunity to support transformative research excellence that will have significant and sustained impact.

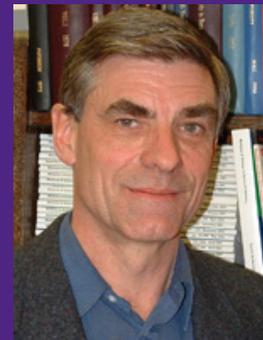
For more information, or to make a gift, please contact us through the information provided below. To make a secure gift online visit <http://www.givingtowestern.uwo.ca/>

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